

# About AAMT

# and application form



*Massage Therapy Balances Health for Life*

**AAMT**  
Australian Association of Massage Therapists Ltd

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# Profile of AAMT Ltd

**Please also refer to Standards of Practice and Code of Ethics available to download from [www.aamt.com.au](http://www.aamt.com.au)**

## Profile of AAMT Ltd

The Australian Association of Massage Therapists Limited (AAMT) is the peak representative body for massage therapists throughout Australia. AAMT is a public company limited by guarantee and is a not-for-profit organisation.

AAMT members have high standards of ethical behaviour and professional practice. Membership is open to individuals who hold formal qualifications as defined by the Australian Qualifications Framework. AAMT accredits massage therapists as members for the benefit of consumers and employers.

AAMT self-regulates its members through the Ethics Committee; all members must abide by the Constitution, Code of Ethics and Standards of Practice. Breaches of AAMT regulations may result in disciplinary proceedings.

AAMT is governed by a Board of Directors elected by members. AAMT has six divisions throughout Australia and each Division provides two directors to the Board. Elections for Division Committees are held annually. Board of Directors and Division Committee members serve in the interest of all members and also represent a wide range of modalities.

AAMT's objects are stated in its constitution and include, to organise and promote massage therapy, encourage a high standard of practice, provide rules of practice standards and ethics.

This is also demonstrated in the AAMT Mission Statement:

*'To support a diverse membership through open communication by facilitating quality education and training, research, industry leadership and growth'*

AAMT provides a referral service which allows the public to access members; it also maintains a Find a Therapist section on the website ([www.aamt.com.au](http://www.aamt.com.au)).

AAMT responds to complaints from the public. It is this commitment to protecting the public and the massage profession that has led AAMT and its members to be leaders of the massage industry.

## Scope of Practice and Modalities

The intent of the Scope of Practice is not to be a restrictive description of massage therapy, but an inclusive expression of the core characteristics of massage therapy.

AAMT believes the following to be the essential characteristics of massage therapy in Australia.

- a. Commitment to client wellbeing
- b. Hands on practice
- c. Touch
- d. Direct and immediate communication on all levels between client and practitioner.

AAMT recognises the broad scope of massage therapy practice and the diverse nature of modalities as genuine techniques of massage.



# AAMT Membership Types

## Remedial Massage Therapist

The AAMT designation of Remedial Massage Therapist is awarded to individuals holding a Diploma in one of the following qualifications defined in the relevant National Training Package:-

- Diploma of Remedial Massage
- Diploma of Traditional Chinese Medicine Remedial Massage
- Diploma of Shiatsu and Oriental Therapies

We also recognise:

- Advanced Diploma of Remedial Massage (Myotherapy)
- Bachelor of Health Science (Musculoskeletal Therapy)

## Massage Therapist

The AAMT designation of Massage Therapist is awarded to individuals holding a Certificate IV in one of the following qualifications defined in the relevant National Training Package:-

- Certificate IV in Massage
- Certificate IV in Traditional Chinese Medicine Remedial Massage
- Certificate IV in Shiatsu

## Student

Associate Membership of the AAMT is available to students who are currently studying in one of the courses above.

## Membership Structure

Under the Association's Constitution the AAMT currently has three classes of membership:-

1. Ordinary Members
2. Associate Members
3. Life Members

Remedial Massage Therapists and Massage Therapists are Ordinary Members of the Association, while Students are Associate Members.

## Transfer from another Association

If an individual wishes to transfer from another Association that recognises massage therapists, to become an AAMT member, please contact AAMT National office on ph 1300 138 872.

## Fee structure

Fees are set in accordance with the AAMT Constitution by the Board of Directors. There is a one off application fee for Ordinary Members (Remedial and Massage Therapist) which is waived for Associate Members (Students) until the completion of their course. Associates then upgrade to Ordinary Membership of AAMT.

Yearly current membership is \$209 inc GST (subject to change).



# Benefits of AAMT Membership

## Some of the services provided when you become a member of AAMT include:

**Insurance:** AAMT members are able to access a significant reduction in the cost of Combined Malpractice, Public & Products Liability Insurance through a negotiated agreement with an insurance broker.

**Health Fund Provider Status:** Health Insurance Funds accept eligible AAMT Members as providers to enable their clients to access rebates.

**WorkCover:** Members may be entitled to register with WorkCover as a provider.

**Continuing Professional Education (CPE):** Members are offered a range of lectures, workshops and an annual Conference to provide ongoing education.

**Approved Provider Program:** AAMT sources and recognises other providers and massage training.

**Journal:** Members are kept informed of the latest industry news through *Massage Therapists*, the journal of AAMT.

**E-Newsletter:** The AAMT Electronic Newsletter is emailed to members monthly to keep you up to date.

**AAMT Logo:** Members are entitled to use the logo to promote their professionalism.

**Website:** Featuring 'Members Only' and 'Find a Therapist', the website carries a range of information for both the public and members - [www.aamt.com.au](http://www.aamt.com.au)

**Democratic Participation:** members can participate in the future of AAMT through their right to vote and nominate for Committee positions within their Divisions.

**DIY (Do It Yourself) Marketing Kit:** to assist members to market their practice. Available in the members only section of the AAMT website.

**Lobbying:** AAMT strives to advance the profile and recognition of members with Government, WorkCover, Department of Veteran Affairs, Transport Accident Commissions and Health Insurance Funds.

**Promotion:** AAMT is promoted through advertising, locally and nationally.

**Massage Therapy Week:** Members are encouraged to participate in this annual themed National event. This promotes the members and AAMT to the public

**Member Support:** National office staff are available to answer your queries 5 days per week.

**MemberBenefits:** is a program offering a range of products and services to AAMT members.  
[www.memberbenefits.com.au/aamt](http://www.memberbenefits.com.au/aamt)