

Continuing Professional Education (CPE) Diary



Aims of CPE:

To ensure that AAMT Members continue to update their skills in professional development as a Massage Therapist
To encourage continued life long professional growth and learning for AAMT members
To meet Private Health Fund Provider requirements

To meet growing demands from the public, government and the insurance industry for improved practitioner competency and accountability.

- All members of AAMT are required to complete a **level of continuing education** every year.
- The level of education to be reached is measured in education points – or what are known as **CPE Points**.
- **AAMT does not require evidence of points.** Please keep all certificates, tax invoices etc on file at home for random auditing purposes by AAMT. Please note this excludes First Aid Refresher Certificates where copy must still be received by AAMT Office.
- **Massage Therapist** members are required to gain on average, **30 points per annum** (90 points per 3 years).
- **Remedial Massage Therapist** members are required to gain on average, **40 points per annum** (120 points per 3 years).
- After 3 years, points are deducted from the total CPE Points.
- If points are not up to date, your details will not be forwarded to the Health Funds as they do not meet Health Fund requirements.

	Continuing Professional Education Type	CPE Points
Primary Massage Qualification (on joining AAMT)	Certificate IV in Massage Therapies Practice HLT40307	30
	Diploma of Remedial Massage HLT50307	40
	Advanced Diploma Myotherapy (ADV DIP 21511VIC, ADV DIP 21920VIC)	40
	Advanced Diploma Myotherapy (not the Victorian qualification)	40
	Bachelor of Health Science (Musculoskeletal Therapy)	40
Upgrading qualifications	Diploma	40
	Advanced Diploma	40
Additional Qualifications complementing massage	Certificate IV	30
	Diploma	40
	Single unit from Health or Sports Training Package (not part of completed Cert IV / Diploma)	10
	Subject (s) from Bachelor Degree	10 per subject completed
AAMT Accredited Workshops	AAMT arranged Course, Lectures, PME Events	1 – 3 hours = 5 points 4 – 8 hours = 10 points
	AAMT Approved Providers, Workshops / Short Courses	2 + days = total 20 points (unless otherwise stated)
Other Workshops	Courses run externally to AAMT related to business. eg Marketing, small business or health related topics	1 – 3 hours = 5 points 4 – 8 hours = 10 points
	Courses run externally to AAMT related to professional development eg Leadership, presentation or education topics	2 + days total = 20 points
Self Directed Learning Projects	Self education through reading books, AAMT approved provider online educational modules, educational exhibition attendance, subscription to Health publications eg magazines, journals	5 per project
	Self education through instructional DVDs, CD-ROMs, internet e-newsletter subscriptions on health topics	5 per project
	AAMT Journal reading (all 4 editions per year)	5 per year
	Private tutor/mentor session	5 per session
	Professional membership with other health related associations	5 per association
	Research relevant to massage industry	15 Individual 10 Collaborative
Meetings	AAMT Board Sub Committee meeting (M&M, E&T, Ethics etc)	10
	AAMT Board Meeting	10
	AAMT Division Committee (NSW & ACT, VIC, WA, QLD, SA & NT ,TAS)	5
	Representing AAMT in official capacity authorized by Division or AAMT Board	5
	AAMT Regional Meetings – attend	5 per meeting
AAMT Regional Meetings – organise & coordinate	10 per meeting	
Staff meetings at workplace including formal training component	5	
Volunteer	Charitable Events, Fun Runs, Sports Events, Aged Care	1 – 3 hours = 5 points 4 – 8 hours = 10 points (max 15 points per year)
	(Paid work is not eligible for points)	
Conferences	AAMT National Conference	40
	World Massage Conference	5 per module (max 20 pts)
	Other conferences complementing massage	15
Presentations	Presentation of paper on massage	10
	Public speaking, educating the public re massage	5
	School Talk re massage and AAMT membership	5
Publication	Writing and publishing own book on health related topics	40
	Writing massage qualification curriculum	10 per subject
	Published Article for AAMT Journal	15
	Published Article for other magazine	5
	Published book / dvd reviews for the AAMT	5
First Aid	HLTFA50307B/Senior / Level 2 First Aid refresher	20
	Annual CPR	5
Event travel	Members who travel more than 60 kms to or from an event each way	5 per event

The AAMT reserves the right to amend the AAMT CPE Points system and is subject to change.
Please refer to the full version of this document on www.aamt.com.au

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